

## Support Groups for January 2022

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	<p>5 <b>Young Onset Dementia Peer Support Group (virtual) Weekly 1:00-2:30pm</b> For details click here:</p> <p><b>Young Onset Carers Support Group (virtual) Monthly 6:00-7:30pm</b></p>	6	7
10	11	<p>12 <b>Young Onset Dementia Peer Support Group (virtual) Weekly 1:00-2:30pm</b></p>	13	14
17	18	<p>19 <b>Young Onset Dementia Peer Support Group (virtual) Weekly 1:00-2:30pm</b></p>	<p>20 <b>Adult Child Evening Support Group (online) weekly Session 1 of 4 6:30-8:00pm</b></p>	21
24	25	<p>26 <b>Young Onset Dementia Peer Support Group (virtual) Weekly 1:00-2:30pm</b></p>	<p>27 <b>Adult Child Evening Support Group (online) weekly Session 2 of 4 6:30-8:00pm</b></p>	28
31	<p>If you are interested in learning about and/or joining a support group, please contact our office at 519-428-7771</p> <p>For details about our support groups, please visit our website <a href="https://alzda.ca/i-am-a-caregiver-i-need-support/">https://alzda.ca/i-am-a-caregiver-i-need-support/</a></p>			