

Support Groups for February 2022

Monday	Tuesday	Wednesday	Thursday	Friday
	1	<p>1 Young Onset Dementia Peer Support Group (online) Weekly 1:00-2:30pm</p> <p>Young Onset Carers Support Group (virtual) Monthly 6:00-7:30pm</p>	<p>3 Women's Discussion Group (virtual) biweekly Session 2 of 6 10:00-11:30</p>	4
7	8	<p>9 Young Onset Dementia Peer Support Group (online) Weekly 1:00-2:30pm</p>	10	11
14	15	<p>16 Young Onset Dementia Peer Support Group (online) Weekly 1:00-2:30pm</p>	<p>17 Women's Discussion Group (virtual) biweekly 10:00-11:30 Session 3 of 6</p>	18
21	22	<p>23 Young Onset Dementia Peer Support Group (online) Weekly 1:00-2:30pm</p>	24	25
28		<p>If you are interested in learning about and/or joining a support group, please contact our office at 519-759-7692</p> <p>For details about our support groups, please visit our website https://alzda.ca/i-am-a-caregiver-i-need-support/</p>		